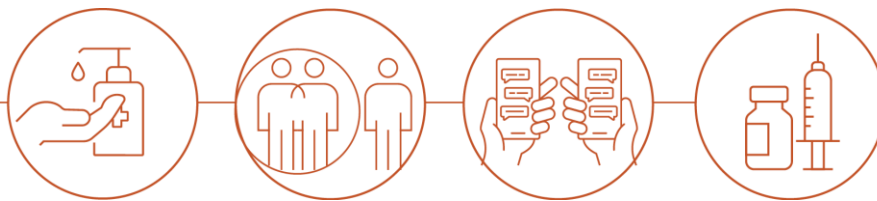


Monkeypox (MPX) virus

Information for the public

OFFICIAL

This year more than 50,000 cases have been reported in Europe, the US and now Australia. Community transmission is a growing problem in Victoria. Vaccines are available for people who are most at risk, particularly gay, bisexual and other men who have sex with men.



Protect yourself until more vaccines are available

Until more vaccines are available, there are a few things you can do to protect yourself.

- Limit your sexual partners or create a sex bubble until you are vaccinated.
- Exchange contact details with sexual partners.
- Don't share your towels, linen or clothes with others.
- Practise good hygiene, like washing your hands with soap and water or using alcohol-based hand rub.
- Most importantly, **get vaccinated** if you're eligible!

Symptoms to look out for

People with MPX develop a rash that can be painful and can affect any part of the body. Sometimes the rash may not be visible on the skin. The rash can be accompanied or preceded by general symptoms such as:

- fevers
- chills
- sore throat
- muscle aches
- swollen lymph nodes
- exhaustion
- skin lesions
- rectal pain
- pain on urination.

If you suspect you have MPX

- Isolate from others, stay home, and don't have sex.
- Don't attend events or venues if you feel unwell or have rashes or sores.
- Call your GP or sexual health clinic and seek medical care.
- Wear a mask when you visit the GP.
- Cover up any lesions, rashes or sores.

More information

Scan to read more about MPX, vaccinations and vaccine eligibility criteria on the [Better Health Channel](https://www.betterhealth.vic.gov.au/monkeypox-mpx)
<<https://www.betterhealth.vic.gov.au/monkeypox-mpx>>



To receive this publication in an accessible format [email Public Health communications](mailto:pph.communications@health.vic.gov.au)
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Available at the [Department of Health Monkeypox webpage](https://www.health.vic.gov.au/infectious-diseases/monkeypox) <<https://www.health.vic.gov.au/infectious-diseases/monkeypox>>