



# Advance Care Planning

Plan future healthcare decisions with your doctor <u>now</u> in case you are unable to in future.

What care and treatment do you want?



What care and treatment do you NOT want?

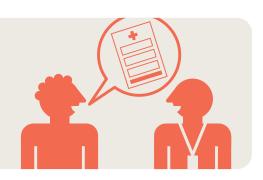
### Why is it important?

You get the care and treatment you want

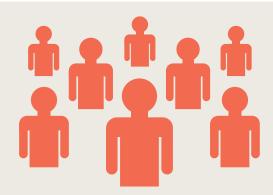


Your family and friends know your decisions are respected

Healthcare professionals can follow your instructions, reducing unnecessary treatment



#### Who is it for?

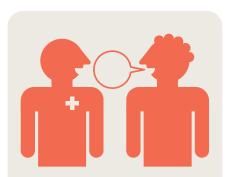


Advance care planning is for everyone and should be started when you are healthy, before you need treatment.

## It is really important if you:

- are older
- have a chronic illness
- have multiple diseases
- have an early cognitive impairment
- are approaching the end of your life.

#### How to make an Advance Care Plan.



Speak with your GP



Advance Care
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